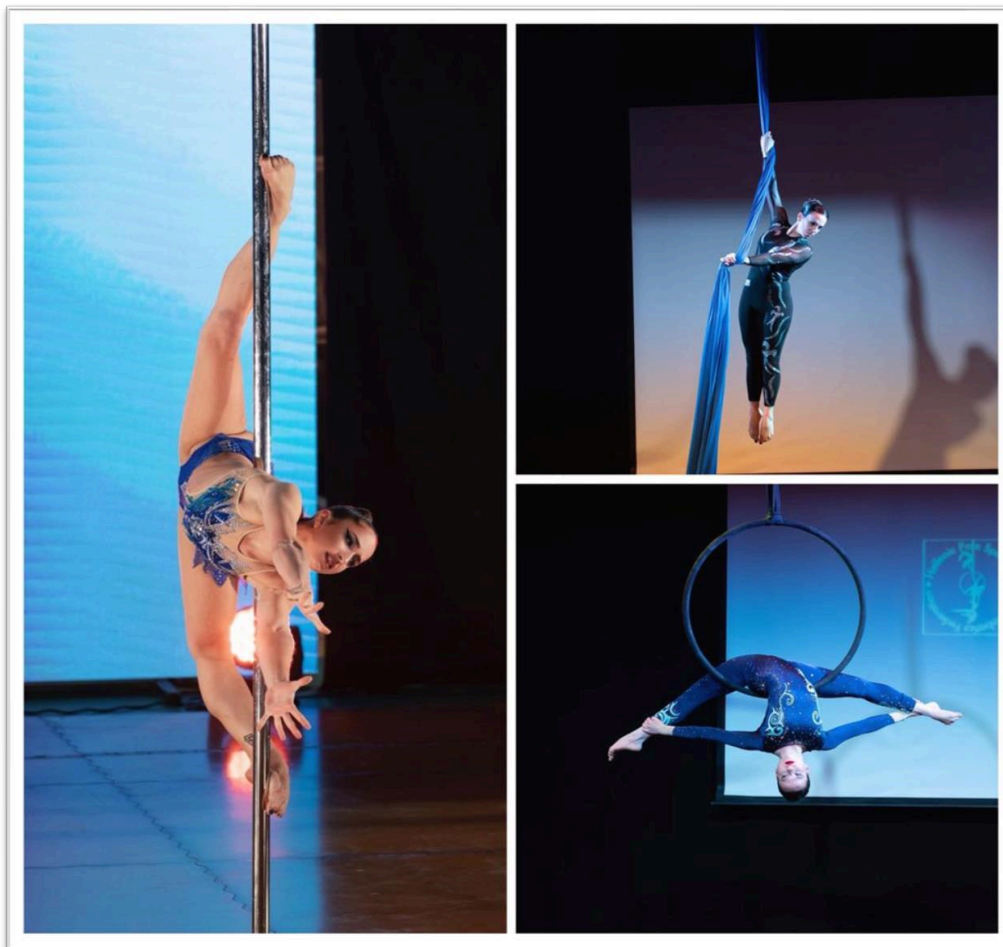




WORKPLAN HPSAF POSA GREECE POLE AND AERIAL SPORT CHAMPIONSHIP

10th May -12th May 2024
Athens -Greece



Welcome to the biggest event for 2024. This championship is for amateurs and competitive athletes in POLE SPORT - POLE ART - GROUPS 3-6 POLE ART - AERIAL SILKS - AERIAL SLING

AND AERIAL HOOP. This competition qualifies you for Worlds, Continental, and European

Championships. The objectives are the gathering of sports friends, as a worldwide family to advance making friends as well as the exchange of information, expertise, and experiences within the multi-sport community of POSA and its partners.

OFFICIAL AND ORGANIZING COMMITTEE HPSAF POSA GREECE
IN COLLABORATION WITH POSAWORLDFED

COMPETITION SCHEDULE

Up to Date Information: www.hpsaf.gr

Place of Arrival Athens, Greece

Date of Arrival 9th MAY 2024

Pole & Aerial Sport - Pole & Aerial Art Championship

Competition Local Training Centre Contact Address

Athletes can book training time at the local training center participating in one or both competitions with 4-meter x-pole poles, hoop, silks and hammock.
(4,5-meter ceiling for silks and hammock)

Strike A Pose Flyers Academy Greece

Address: Leoforos Kyprou 127,16452 Argyroupoli

Metro station: Argyroupolis 10-minute walk to training Center

Athletes can book their training session via the email below.

(Price inquiries via email) strikeaposeflyersacademy@gmail.com

REGISTRATION

The rehearsal schedule will be uploaded two weeks after the registrations deadline date.

Rehearsals stage: The stage rehearsals will be without music, each athlete will have 1-1,30 minutes to rehearse the stage, during the times reserved by HPSAF.

The athlete order will be uploaded within two weeks after the registration deadline.

ACCREDITATION

Accreditation permits the identification of all participants and indicates access to certain zones. Access to all zones will be controlled. Accreditation cards must be visibly worn throughout the whole event. The accreditation card is personal, non-transferable, and necessary to access the training and competition hall. Accreditation will be carried out upon arrival with registration. To get the accreditation all athletes and coaches must have fulfilled all the necessary financial obligations and registration requirements.

REGISTRATION & DOCUMENTS

1. Difficulty Sheets and Music will be via HPSAF SITE automated.
2. All athletes and Coaches must register as HPSAF POSA GREECE MEMBERS. and produce a copy of the receipt together with their application fees. (membership is not for international athletes)
3. All competing athletes must complete and sign the HPSAF POSA GREECE Definitive Registration Form deadline of 19th April 2024.
4. All competing athletes must complete and sign a form of acknowledgement of rules and regulations and code of ethics and forward it with their registration (found in official documents). www.hpsaf.gr.
5. Definitive Registration, Difficulty Sheets, and Music must be within the deadline date. Failing to do so the athlete will be charged 25 euros for the delay.
6. Difficulty Sheets must be computerized and not handwritten. Handwritten difficulty sheets will not be accepted. All athletes must produce a copy of their passport / ID CARD with their application form.
7. All athletes must have a copy of their anti-doping receipt.
8. Application Process Failure to comply with the following may result in disqualification from the competition.
9. Athletes under the age of 18 must have an approved guardian (parent/authorized legal representative/coach) with signatory authority.
10. The coach and Legal Guardian will pay the required fee.
11. All athletes must disclose if they have been previously disqualified from a competition.
12. Para pole and Para aerial have no registration or financial obligation.

MEDICAL

All athletes must disclose a copy of medical information upon registration which will be held confidentially. Cardiovascular screening such as an electrocardiography document is compulsory and additional documentation from a general practitioner as confirmation of good health to compete. The purpose of this examination is to allow athletes to take part in sporting events without putting their health at risk. All individuals from the age of 8 (or turning 8 in the current year) must undergo a sports medical examination authorizing them to participate in the sporting activity. All athletes must have personal insurance that covers them for the duration of the competition.

Para-pole and Para-aerial athletes must have medical documentation.

AMATEUR – SEMI PRO ATHLETES SPORT

An amateur athlete is defined as one who must perform on the pole/aerial/sport-only elements with the value of the POSA Scoring Code. This will be strictly checked by the judges and Head Judge. If an Athlete performs elements higher than the value of the Posa World Federation Scoring Code, the athlete will be disqualified depending on the HEAD JUDGE'S DECISION or their category will be changed immediately by HEAD JUDGE.

Semi-pro athletes in Pole Sport and Aerial Sport can compete in the championship with 5 elements valued up to 0.7 and a sixth element up to 1.0. Semi-pro athletes cannot compete in the World Competition and will not be granted a wild card. Para-pole and Para-aerial are element free.

Countries without the Posa Federation or with Posa Federation but non organizers of Aerial Championships

POLE & AERIAL SPORTS COMPETITION GREECE Athletes from other countries that do not have the Posa Federation in their country or do not organize an Aerial Sport Competition, can compete in the HPSAF POSA GREECE Federation Pole and Aerial Sport competition, and will automatically qualify for the Posa Pole Sport and Aerial Sports World Championship representing their country.

Definitive Registration Difficulty Sheet and music must be sent by 19th April 2024

Organizers are not responsible, if documentation is not uploaded in athletes folder or sent to: hpsaf.register@gmail.com.

MUSIC

To limit the technical problems with the music used for the competitions, the Organizing Committee has decided to accept the athletes' music in MP3 format only. All music must be submitted online.

Athletes must upload their music to their personal folder till 19/4.

Each music file will have to contain the following information: – The name of the nation (official abbreviation of the country); – The first and last name of the competitor/s.

- The category.
- The length of the music.
- (Example: ROU_ RADU_Alina_Junior_IW_3min30s_mp3) If you need help, please contact us at: hpsaf.register@gmail.com.

In addition, the competitors need to bring their music with them to the venue on the competition days on a USB stick as backup.

DOPING CONTROL

Doping is prohibited. Doping control can be done to sports athletes at any time, without a pre warning, by POSA regulations. Doping controls will be carried out by the WADA regulations.

Please read POSA Rules & Regulations & POSA POLE SPORT - Code of Points.

Each athlete needs to have a competition WHEA/POSA license with an approved anti-doping contract no later than 3 months before the competition if the athlete is competing for the first time and no later than January 31st, 2023, if the athlete has been a competitor in the pole and sports championships in the previous years. (NOT REQUIRED FOR POLE ART AND AERIAL ART)

RESPONSIBILITIES OF THE ATHLETE/COACH

1. To know the Code of Points and conduct themselves accordingly. To avoid injury, all athletes must not undertake elements they are not fully confident and secure in.
2. All athletes must disclose if they have been previously disqualified from any competition.
3. All athletes/Coaches must conduct themselves in accordance with HPSAF POSA GREECE AND POSAWORLD FED Rules and Regulations and Code of Ethics. hpsaf.gr
4. All athletes must arrive and register at the time designated by the HPSAF POSA GREECE.
5. A national tracksuit is compulsory.

MEDAL CEREMONY

All athletes must be present at the medal ceremony with their National Tracksuit unless a medical emergency has occurred.

POLES AND AERIAL SUPPLIER

The competition stage has 45mm, 4-meter poles supplied by X-Pole. Hoop and aerial silk and sling equipment are supplied band-certified by X-POLE and the POLEMANIAC.

TRAINING INFORMATION

Access to the competition hall, the training, and the warm-up halls will only be granted to the athletes and coaches wearing the accreditation card.

COMPETITION AREA

- The competition area is accessible to the members of the various juries, competing athletes and their accredited coaches, local group leaders, the auxiliary personnel of the Jury, to HPSAF Medical Commission, and persons concerned with the apparatus.
- Interpreters may not enter the competition area without the permission of the President of HPSAF.
- The competition area is strictly forbidden to all other people.

- The use of any kind of electronic devices (video, mobile phones, etc.) is strictly forbidden in the competition area. Please note that, according to the decision of the Executive Committee of POSA, if a mobile phone or any other electronic communication device is used in the competition area during the entire competition, the person concerned (athlete and/or coach) will be immediately expelled. The athlete will not be ranked and will not be authorized to participate in the remaining competitions. If this rule is violated by a coach, all his/her athletes will also be expelled.
- Professional photographing and filming of the performances are under written permission from the organizing committee.

Venue: Dais Sports Center

Address: Mesogion 151 Paradisos 151 26 Marousi Athens Greece



Head Judge

Difficulty judges fixed by draw. artistic judges fixed by draw. execution judges fixed by draw.

Judges will only be selected to be part of the Jury by HPSAF POSA GREECE.

INQUIRIES PROCEDURE

Inquiries for the difficulty scores will be allowed if they are made verbally immediately after the publication of the score or at the very latest before the end of the routine of the following athlete (then 4 minutes). For the last athlete of a rotation (rotation=group of athletes, for example 1st Group of athletes during the competition is called "rotation"), this limit is one minute after the score is shown on the scoreboard.

The person designated to receive the verbal inquiry will have to note the time of receiving it, which will start the procedure. Only the accredited coaches present in the competition area will be entitled to submit an inquiry. Late verbal inquiries will be rejected.

A Coach or Studio will not be allowed to complain against an athlete. The inquiry will have to be confirmed in writing as soon as possible, but at the latest within 4 minutes after the verbal inquiry and will require an agreement of payment of EUR 150,00 for the first complaint, EUR 200,00 for the second complaint and EUR 350,00 for the third complaint. Should the inquiry not be confirmed in writing within 4 minutes, then the procedure will become obsolete.

Disqualification by HPSAF and POSA official members

Reason for Disqualification: An athlete can be disqualified during or after the competition if a breach of the rules has occurred. The HPSAF National Federation reserves the right to remove the title of an athlete for the following infringements:

1. Breach of the POSA Code of Ethics and/or Rules & Regulations
2. Falsifying information on the POSA application.
3. Unsporting behavior of athletes.

It is important to remember that when competing in top-level sports, athletes and coaches are setting an example to others and are promoting the image of their sport, so appropriate behavior, fair play, and good sportsmanship must always be displayed.

All athletes enter the HPSAF competition at their own risk and understand that any injuries or accidents that may occur are the responsibility of the athlete. HPSAF provides Medical Aid assistance in the event of an injury. The medical representative has the final decision on whether the athlete's injury should prevent them from entering or continuing the competition.

HPSAF cannot be held responsible for loss or damage to athletes or official items.

RULES AND REGULATION

The HPSAF POLE SPORT /ART AERIAL SPORT/ART will take place under the following regulations.

- The current POSA Codes of Points for Pole and Aerial 2024.
- The current POSA World Federation Rules & Regulations and HPSAF POSA GREECE rules and regulations.

All official documents can be downloaded at the LINK

<https://hpsaf.gr/official-documents/>

ATHLETES APPLICATION FEES

Varsity:	30,00€
Junior A & B:	45,00€
Junior A & B Doubles:	80,00€
Individual Senior Categories:	45,00€
Senior Doubles	80,00€
Application for coaches	20,00€

(not for Greek coaches. Greek coaches have to pay membership fee to the Federation and have a copy during registration).

Para pole and Para aerial FREE.

DEADLINE CHECKLIST

Definitive Registration: 19th April 2024

Difficulty and music: 19th April 2024

HPSAF GREECE can make amendments to ensure the smooth running of the competition.